

COMMUNION RITE ( Revised: 2012 March 24 )

To prepare for the paschal celebration, the last meal of Jesus before His suffering and death, we examine ourselves to be sure we are united with Him before receiving Him as the Bread of Life. We are to be one with Him and all of our brothers and sisters wherever they live.

LORD'S PRAYER

- Priest:** **A Let us pray with confidence to the Father in the words our Savior gave us:**  
**B Lord Jesus you taught us to pray to God our Father,**  
**and so we have the courage to say:**  
**C Let us ask our Father to bring us to forgive those who have sinned**  
**against us so that our sins may also be forgiven.**  
**D Let us pray for the coming of the kingdom as Jesus taught us.**

**Priest and PEOPLE:**

Our Father, hallowed be Thy name;  
Thy kingdom come; Thy will be done on earth as it is in heaven.  
Give us this day our daily bread; and forgive us our trespasses  
as we forgive those who trespass against us, **and do not subject us**  
**to the final test, but deliver us from the evil one. Amen.**

OR:

**Pater noster, sanctificétur nomen Tuum;**  
**advéniat regnum Tuum; fiat volúntas Tua, sicut in cælo,**  
**et in terra. Panem nostrum cotidiánum da nobis hódie;**  
**et dimitte nobis débíta nostra, sicut et nos dimittimus**  
**debitóribus nostris; et ne nos indúcas in tentatiónem;**  
**sed libera nos a malo. Amen.**

**Priest:** **Lord Jesus, turn away Satan's evil. and bring us to eternal peace**  
**with you. In your mercy help us always to acknowledge / and**  
**confess our sins / and protect us from unnecessary anxiety /**  
**as we wait in joyful hope for your final coming.**

**PEOPLE:** For the kingdom, the power, and the glory are yours, now and for ever.

SIGN OF PEACE

The Church is a community of true Christians joined by the spirit of familial love.

The priest says the prayer for peace:

**Lord Jesus Christ, you said to your apostles:**  
**“Peace I leave with you; my peace I give to you.**  
**Not as the world gives do I give it to you.**  
**Do not let your hearts be troubled or afraid.**  
**I am going to the Father; for the Father is greater than I.” Jn. 14:27,28b**

**Priest joins his hands:** Lord, grant us the peace and unity of Your kingdom  
where You “reign forever and ever.” Apoc. 11:15 **PEOPLE:** Amen.

**Priest:** The peace of the Lord be with you always.

**PEOPLE:** And also with you.

#### BREAKING OF THE BREAD

Christians gather for the "breaking of the bread," again discerning Jesus at Mass.

In communion, though many, we are made one body in the one Bread, which is Christ.

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The priest breaks the host over the paten while the people sing or say:

**Lamb of God, you take away the sin of the faithful; have mercy on us.**

**Lamb of God, you take away the sin of the faithful; have mercy on us.**

**Lamb of God, you take away the sin of the faithful; grant us peace.**

**OR:** *Agnus Dei, qui tollis peccáta fidelis; miserére nobis.*

*Agnus Dei, qui tollis peccáta fidelis; miserére nobis.*

*Agnus Dei, qui tollis peccáta fidelis; dona nobis pacem.*

**The hymn may be repeated until the breaking of the bread is finished,  
but the last phrase is al ways: "Grant us peace," or "dona nobis pacem."**

The priest breaks the host over the paten and places a small piece in the chalice, saying:

† **May this union of the living body and blood of  
Jesus be a sign that He is entire in either form.**

#### PRAYERS BEFORE COMMUNION

We pray in silence and then voice words of humility and hope as our  
final preparation before meeting Christ in the Bread of Life.

Before communion, the priest audibly says one of the following prayers:

**Lord Jesus Christ, Son of the living God, by the will of the Father  
and the work of the Holy Ghost Your death gave access to eternal life.**

**By Your holy body and blood separate us from every evil. Keep us  
faithful to Your teaching, and never let us be parted from You.** 🕯️ 🕯️ 🕯️

**OR:**

**Lord Jesus Christ, with faith in Your love and mercy we eat Your living  
Body containing Your Blood. Let it bring us the health in mind and  
body that drives devils from our paths. (Jn. 6:12, 34-40, 47ff)** 🕯️ 🕯️ 🕯️

Holding the bread elevated slightly over the  
paten and facing the people, the priest says:

**Communion - 2 of 4**

**This is the Lamb of God Who takes away the effect  
of Adam's sin and the sin of repentant sinners.  
Happy are the faithful who are called to His supper.**

**OR:**

**This is the Lamb of God,  
The Savior of those faithful to His teachings.  
Happy are those who are called to His supper.**

**OR:**

**This is the Bread of Life  
who allows entry into God's kingdom.  
Happy are those who are called to His supper.**

**Priest and PEOPLE: (once only):**

**Lord, I am not worthy to receive You,  
but only say the word and my soul shall be healed.**

#### **RECEPTION OF COMMUNION**

**Before receiving communion, the priest says quietly:**

**Body:** Lord, may Your holy teachings lead us to everlasting life.

**OR:** Lord Jesus strengthen me in faith.

**OR:** Lord Jesus lead me to everlasting life.

**Blood:** Lord, accept our offerings made for the good of the Church.

**OR:** Lord Jesus help us to love You as You have loved us.

**OR:** Lord Jesus, Your depth of love for us is revealed on the cross.

**After priest's Holy Communion the priest says to the people:**

**Let us confirm our love of God by our reception of the living Jesus**

**OR:** It is time to affirm our offerings to God by receiving the Bread of Life.

**OR:** Let us reassert our love of God by worthily receiving the living Jesus.

**Priest then gives communion to the people.**

**Priest:** The Bread of Life. / The Son of God. / Filius Dei. / The Son of man. /  
The Lamb of God. / The Incarnate Word. / Our Lord and King. /  
The Body and Blood of Jesus / Mankind's final Judge.

**Recipient:** Amen.

**There should be a period of silence during and after Communion to encourage spiritual reflection.**

**COMMUNION SONG**

**After the tabernacle has been closed and the communion vessels have been cleaned the priest returns to his seat. An interval of not less than one minute should follow then a Communion Psalm or an appropriate Hymn may be said or sung.**

**Concluding Rite**

**PRAYER AFTER COMMUNION**

**STAND**

**The priest prays in our name that we may live the life of faith since we have been strengthened by Christ Himself. Our Amen makes His prayer our own.**

**Priest:** Let us pray. **OR:** Orémus

**Priest and people may pray silently for a while.**

**Then the priest says the prayer after communion; As in Today's Mass**

**At the end the people respond: Amen.**

**Sit during any brief announcements.**

**The following is said by Celebrant if no Deacon, Lector, or reader is present:**

**We have heard God's Word and been privileged with the living Body of Christ. Now it is time for us to leave, to do good works, and to praise and bless the Lord in our daily lives. (or similar Prayer)**

**BLESSING (STAND)**

<b>Priest:</b>	The Lord be with you.	<b>PEOPLE:</b>	And also with you.
<b>OR:</b>	Dóminus vobíscum.		Et cum tuo.

**Priest:** *Benedicat vos omnipotens Deus, Pater, + et Fílius, et Spiritus Sanctus.*

**OR:** May almighty God bless you, the Father, + and the Son, and the Holy Ghost.

**People:** Amen.

**DISMISSAL**

<b>Deacon (or priest):</b>	<b>PEOPLE:</b>
Go, you are dismissed.	Thanks be to God.
Ite, Missa est.	Deo grátias.

**OR:**

**A.** Go in the peace of Christ. Thanks and praise to God.

**B.** The Mass is ended, go in peace to love and serve the Lord.  
The Lord has shown us the way.

## Communion Variables - 1 of 1

- † May this reuniting of the Body and Blood of our Lord Jesus be a sign of our faith in His coming resurrection.
- † By joining the living body and blood of our Lord we acknowledge the resurrection of the living Jesus and our faith in and hope for eternal life.
- † By joining the living body and blood of Jesus we acknowledge resurrection and our faith in and hope for eternal life.

by reuniting the body and blood of Jesus we recognize that they are one.

That separately and jointly they are the same, they are one, they are united.

The Last Supper, the Lord's Supper was about teaching and priesthood of the people offered through ministerial priesthood acting *in persona Christi*.

United people of faith. Sign of faith. Joining offerings / sacrifices.

- † May the uniting of the living body and blood of Jesus be our sign that He is one being under a form He chooses.
- † Let the uniting of the living body and blood of Jesus be our sign that He is one being under any form He chooses.
- † May the reuniting of the living body and blood of Jesus be a sign that He is the same person under any form He chooses.
- † May the union of the living body and blood of Jesus be our sign that He is alive in any form He chooses.
- † May this union of the living body and blood of Jesus be a sign that He is entire in either form.