



## TREASURY OF CATHOLIC PRAYERS

### 01. The Sign of the Cross

In the name of the Father, and of the Son, and of the holy Ghost. Amen.

### 02. The Apostles' Creed

I BELIEVE in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord; Who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell; the third day He arose again from the dead; He ascended into heaven, and sits at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Ghost, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

### 03. The Lord's Prayer

OUR Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and let us not be led into temptation by evil ones. Amen.

### 04. The Hail Mary

HAIL Mary, full of grace the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of our Lord, pray for us sinners now and in the hour of our death. Amen.

### 05. Glory be to the Father

GLORY be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now, and will be forever. Amen.

**06. The Fatima Aspiration** "O my Jesus, forgive us our sins, save us from the fires of Hell: lead all souls to Heaven especially those who are most in need of your mercy."

### 07. Hail Holy Queen

Hail, holy Queen, Mother of Mercy; our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this veil of tears.

Turn, then, most gracious advocate, thine eyes of mercy towards us; and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

V. Pray for us, O holy Mother of Christ.

R. That we may be made worthy of the promises of Christ.

### 08. Prayer after the Rosary

O GOD, Whose only-begotten Son by His Life Death, and Resurrection, has purchased for us the rewards of eternal life: grant, we beseech You, that, by meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen

### 09. The Memorare

REMEMBER, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intercession, was left unaided. Inspired with this confidence, I fly to you, O Virgin of virgins, my Mother! To you I come; before you I stand; sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but, in your mercy, hear and answer me. Amen.

### 10. The Confiteor

I CONFESS to Almighty God, to Blessed Mary, ever Virgin, to Blessed Michael the Archangel, to Blessed John the Baptist, to the Holy Apostles Peter and Paul, and to all the Saints, that I have sinned exceedingly in thought, word and deed, (*strike breast three times:*) through my fault, through my fault, through my most grievous fault.

Therefore I beseech Blessed Mary, ever Virgin, Blessed Michael the Archangel, Blessed John the Baptist, the Holy Apostles Peter and Paul, and all the Saints, to pray to the Lord our God for me.

V. May almighty God grant me mercy, forgive me my sins, and bring me to life everlasting. R. Amen.

### 11. Gloria

GLORY to God in the highest. And on earth peace to men of good will. We praise You. We bless You. We adore You. We glorify You. We give You thanks for Your great glory. O Lord God, heavenly King, God the Father Almighty. O Lord Jesus Christ, the Only-begotten Son. O Lord God, Lamb of God, Son of the Father: You Who take away the sin of the world, have mercy on us. You Who take away the sin of the world, receive our prayer. You Who sit at the right hand of the Father, have mercy on us. For You alone are holy. You alone are the Lord. You alone, O Jesus Christ, are most high. Together with the Holy Ghost + in the glory of God the Father. Amen.

### 12. Blessing Before Meals

Bless us, O Lord, and these your gifts which we are about to receive from your bounty, through Christ our Lord. Amen.

**(Add for midday)**

May the King of everlasting glory make us partakers of the heavenly table. Amen.

**(Add for evening)**

May the King of everlasting glory lead us to the banquet of life eternal. Amen.

### 13. Grace after Meals

We give you thanks, almighty God, for the gifts that we have received, from thy bounty, through Christ our Lord, who lives and reigns forever and ever. Amen.

May the Lord grant us his peace, and life everlasting. Amen.

### 14. Act of Contrition

O MY God, I am heartily sorry for having offended You, and I detest all my sins because of Your just punishments, but most of all because I have offended You, my God, Who art all-good and deserving of all my love. I firmly resolve, with the help of your grace, to sin no more and to avoid the near occasions of sin.

### 15. An Act of Faith

O MY God, I firmly believe that Thou art one God in three Divine Persons, Father, Son and Holy Ghost; I believe that Thy Divine Son became man, and died for sin, and that He will come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches because Thou hast revealed them, Who can neither deceive nor be deceived. Amen.

### 16. An Act of Hope

O MY God, relying on Thy almighty power and infinite mercy and promises, I hope to obtain pardon of my sins, the help of Thy grace, and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer. Amen.

### 17. An Act of Love

O MY God, I love Thee above all things, with my whole heart and soul, because Thou art all-good and worthy of all love. I love my neighbor as myself for the love of Thee. I forgive all who have injured me, and ask pardon of all whom I have injured. Amen.

### 18. The Divine Praises:

*Blest be 'Elohiym . ( God - the Trinity. Plural of 'Eloahh . )*

Blest be Their holy Names.

Blest be Yahweh, the Eternal Father.

Blest be Jesus Christ, Son of God & Son of man.

Blest be the name of Jesus

Blest be His most sacred heart.

Blest be his most precious blood.

Blest be Jesus, the most holy Sacrament of the altar.

Blest be Ruwach (*the Holy Ghost*), the Paraclete.

Blest be the great Mother of Our Savior, Mary most holy.

Blest be her holy and immaculate conception.  
Blest be her glorious assumption.  
Blest be the name of Mary, virgin and mother.  
Blest be St. Joseph, her most chaste spouse.  
Blest be God in his angels and in his saints. Amen.

### 19. Prayer to Saint Michael

St. Michael the Archangel, defend us in battle; be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray. And do thou, O prince of the heavenly host, by the power of God thrust into hell Satan and all the evil spirits who prowl about the world for the ruin of souls. Amen.

### The Angelus

The Angelus is recited at three particular times during the day; 6 am, 12 noon, and 6 pm. Traditionally it is recited kneeling while a bell is rung.

The Angelus is replaced by the Regina Coeli during Eastertide, and is not used between the Liturgy of Maundy Thursday (Holy Thursday) and the Easter Vigil. This practice was first instituted in 1743 A.D.

The Angelus has roots in the eleventh century. Pope Gregory IX (d. 1241) decreed that a bell should be rung each evening to remind the faithful to pray for the Crusades. The Franciscans adopted the custom of saying three Hail Mary's when they heard the evening bell, and in 1269 A.D. St. Bonaventure urged the faithful to adopt the custom of the Franciscans of saying three Hail Mary's as the evening bell was rung.

The morning recitation came from a monastic tradition of saying three Hail Mary's in response to a morning bell rung at prime. A partial indulgence is granted to those who devoutly recite the Angelus according to the seasons of the Church.

### History of the Angelus

The institution of the Angelus is by some ascribed to Pope Urban II, by some to Pope John XXII. Pope Callixtus III (1455-1458) commended the practice as a prayer for protection

against the Turkish invasions of his time. The triple recitation is ascribed to Louis XI of France, who in 1472 A.D. ordered it to be said thrice daily. The form of the prayer was standardized by the 17th century.

With regard to the manner of ringing the Angelus it seems sufficient to note that the triple stroke repeated three times, with a pause between, seems to have been adopted from the very beginning. Another understanding is that the Angelus is a devotional prayer in honor of the Incarnation, which is recited morning, noon and evening, when the Angelus bell is ringing.

It started in the 14th century, but then only the evening prayer was recited. In the 15th century, the morning prayer was added, in honor of the Resurrection, and in the 16th century was added the noon prayer in memory of the Passion.

**During the Easter Season (from Easter to Pentecost), the Regina Coeli is recited instead.**

**Neither the Angelus nor the Regina Coeli is said on Good Friday or Holy Saturday.**

### 20. The Angelus (not said on Good Friday or Holy Saturday)

P. The angel of the Lord declared to Mary.

℟ And she conceived of the Holy Ghost.

Hail Mary, . . . Amen.

P. Behold the handmaid of the Lord.

℟ Be it done to me according to your word.

Hail Mary, . . . Amen.

V. And the Word was made flesh.

℟ And dwelt among us.

Hail Mary, . . . Amen.

P. Pray for us, O holy Mother of Jesus.

℟ That we may be found worthy of His promises.

*Let us pray*

POUR forth, we beseech You, O Lord, Your grace into our hearts, that we to whom the Incarnation of Christ, Your Son, was

made known by the message of an angel, may we by His Passion and Cross be brought to the glory of His Resurrection. Through the same Christ our Lord. Amen.

**21. Regina Coeli** (*Said during Paschal time instead of the Angelus – not said on Good Friday or Holy Saturday.*)

**Queen** of heaven, rejoice. Alleluia.

For He Whom you deserved to bear. Alleluia.

Has risen as He said. Alleluia.

Pray for us to God. Alleluia.

P. Rejoice and be glad, O Virgin Mary. Alleluia

R. For the Lord is truly risen. Alleluia.

*Let us pray*

O GOD, Who by the Resurrection of Your Son, our Lord Jesus Christ, vouchsafed to give joy to the whole world, grant, we beseech You, that, through the intercession of the Virgin Mary, His Mother, we may attain the joys of eternal life. Through the same Christ our Lord. Amen.

## **MORNING PRAYERS**

Say the: Our Father, Hail Mary, and Apostles' Creed.

### **22. Morning Offering**

**MOST** Holy and Adorable Trinity, one God in three Persons, I firmly believe that You are here present; I adore You with the most profound humility; I praise You and give You thanks with all my heart for the favors You have bestowed on me. Your Goodness has brought me safely to the beginning of this day.

Behold, O Lord, I offer You my whole being and in particular all my thoughts, words and actions, together with such crosses and contradictions as I may meet within the course of this day. Give them Your blessing, O Lord; may Your divine Love animate them and may they tend to the greater honor and glory of Your Sovereign Majesty. Amen.

#### **22b. 2<sup>nd</sup> Morning Offering**

O JESUS, through the Immaculate Heart of Mary, I offer You

my prayers, works, joys and sufferings of this day for all the intentions of Your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for my sins, for the intentions of all our associates, and in particular for all the intentions of this month (mention intention if known).

### **23. Prayer to the Holy Ghost**

COME, Holy Ghost, fill the hearts of Your faithful and kindle in them the fire of Your love.

P. Send forth Your Ghost, and they shall be created.

R. And You shall renew the face of the earth.

*Let us pray*

O God, Who taught the hearts of the faithful by the light of the Holy Ghost, grant that, by the gift of the same Spirit, we may be always truly wise, and ever rejoice in His consolation. Through Christ our Lord. Amen.

### **Act of the Presence of God**

Oh my god, I present myself before thee at the end of another day, to offer myself to Thee, my Creator, my Redeemer, and my Judge. I believe in Thee, because Thou art truth itself; I hope in Thee, because Thou art faithful to Thy promises; I love Thee with my whole heart, because Thou art infinitely worthy to be loved, and for Thy sake I love my neighbor as myself.

### **24. A Prayer to All the Saints**

MAY Holy Mary and all the Saints intercede for us with the Lord, that we may worthily be succoured and preserved by Him. Who lives and reigns, world without end. Amen.

*Let us pray*

O Lord, King of heaven and earth, vouchsafe this day to direct and sanctify, to rule and govern our hearts and bodies, our thoughts, words and deeds, according to Your law and in the works of Your commandments; that here and forever, O Savior of the world, we may be protected and saved, through Your mighty help. Who live, and reign forever and ever. Amen.

## 25. EVENING PRAYERS

O ALMIGHTY and Eternal God! Prostrate before Your Divine Majesty, I adore You with all possible reverence. I believe and hold for certain all You have revealed to Your holy Church. I hope in Your infinite goodness and mercy, and I love You with all my heart.

O Great and Almighty God! I kneel before You to thank You with my whole heart for all the favors which You have bestowed upon me this day; for my food and drink, my health and all my powers of body and soul. I thank You for all Your holy lights and inspirations, for Your care and protection, and for all those other mercies which I do not now recall, or which I do not know how to value as I ought. I thank You for them all, O heavenly Father. Through Jesus Christ, Your Son, our Lord. Amen.

## 26. Prayer for the Dead

O GOD, the Creator and Redeemer of all the faithful, grant to the souls of Your servants departed full remission of all their sins, that, through our devout prayers, they may obtain the pardon, which they have always desired. Who live and reign, world without end. Amen.

Eternal rest grant to them, O Lord.

And let perpetual light shine upon them.

May they rest in peace. Amen.

## 27. Prayer Before Confession

RECEIVE my confession, O most loving and . gracious Lord Jesus Christ, only hope for the salvation of my soul. Grant to me true contrition of soul, so that day and night I may by penance make satisfaction for my many sins. Savior of the world, O good Jesus, Who gave Yourself to the death of the Cross to save sinners, look upon me, most wretched of all sinners; have pity on me, and give me the light to know my sins, true sorrow for them, and a firm purpose of never committing them again.

O gracious Virgin Mary, Immaculate Mother of Jesus, I implore you to obtain for me by your powerful intercession these graces from your Divine Son. St. Joseph, pray for me. Amen.

## The Ten Commandments (Short Examination)

**1st Commandment.** Have I wilfully doubted or denied my holy religion? Have I taken part in services other than those of my religion? Have I consulted fortune tellers, or read forbidden books, or despaired of God's mercy? Have I neglected to worship God with prayer and the Mass?

**2nd Commandment.** Have I made false, unlawful or unnecessary oaths? Have I taken God's name in vain?

**3rd Commandment.** Have I absented myself without due cause from Mass on Sundays or Holy Days of Obligation? Have I done unnecessary servile work on these days, or caused others to do so?

**4th Commandment.** Have I neglected my parents in their necessity? Have I been disobedient to them, or displayed anger toward them? Have I fulfilled my obligations toward my children? Instructed them? Reprimanded them when necessary? Watched over their companionships, etc.?

**5th Commandment.** Have I been angry? Have I been violent toward another, or caused violence without just cause? Have I been jealous of others? Have I been guilty of drinking to excess? Have I used restricted drugs?

**6th and 9th Commandments.** Have I deliberately taken pleasure in impure thoughts? Have I committed any wilful impure actions? Have I gone to places of amusement that I knew would lead me into sin? Have I kept away from other occasions of sin?

**7th and 10th Commandments.** Have I stolen anything? Defrauded others of their just wages? Cheated in prices, weights, etc.? Have I through my own fault caused damage to the property of another? Have I made restitution for past sins of this nature? Have I now any ill-gotten goods?

**8th Commandment.** Have I injured (without just cause) the name or reputation of another? By telling lies about him? By exposing without necessity his faults? Have I restored his good name when I have by untruth injured it?

## **The Precepts of the Church:**

(The Catholic Encyclopedia)

1. to keep the Sundays and Holy Days of obligation holy, by hearing Mass and resting from servile work;
2. to keep the days of fasting and abstinence appointed by the Church;
3. to go to confession at least once a year;
4. to receive the Blessed Sacrament at least once a year and that at Easter or thereabouts;
5. to contribute to the support of our pastors (church);
6. not to marry within a certain degree of kindred nor to solemnize marriage at the forbidden times.

(This list is the same as that which the Fathers of the Third Plenary Council of Baltimore (1886) prescribed for the United States.)

## **Form of Confession**

**Say first:** "Bless me, Father, for I have sinned. It is (state the time) **since my last confession**"; then, confess your sins. Do not use the words, "several times" or "quite often," or similar expressions. Add at the end: "**For these, and all the sins of my past life, especially** (here mention, in general, sins against charity, obedience, purity, of anger, etc.) **I am heartily sorry.**" Always try to make a perfect act of contrition based upon perfect love of God.

## **28. Prayer for a worthy Holy Communion**

LET not the partaking of Your Body, O Lord Jesus Christ, which I, though unworthy, presume to receive, turn to my judgment and condemnation; but through Your goodness, may it become a safeguard and an effective remedy, both of soul and body. Who live and reign with God the Father, in the unity of the Holy Ghost. Amen.

I will take the Bread of heaven, and call upon the name of the Lord.

## **Thanksgiving after Communion**

THANK You, Eternal Father, for giving me as the food of my soul, the Body and Blood of Your Only-begotten Son, our Lord Jesus Christ. May this Divine Food preserve and increase the union of my soul with You. May it purify me by repressing every evil inclination. Grant that it may be to me a pledge of a glorious resurrection on the last day.

O Sacred Heart of Jesus, I love You with all my heart. I am sorry for ever having offended You, and I desire never to offend You again. Amen.

O Lord Jesus Christ, You have said, "Ask and you shall receive; seek, and you shall find; knock, and it shall be opened to you"; mercifully attend to our supplications, and grant us the grace of Your most divine love, that we may love You with all our hearts, and in all our words and actions, and never cease to praise You.

Make us, O Lord, to have a perpetual fear and love of Your holy name, for You never fail to govern those whom You solidly establish in Your love. Who live and reign, world without end. Amen.

## **29. Act of Spiritual Communion**

MY Jesus, I believe that You are in the Blessed Sacrament. I love You above all things, and I long for You in my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. I know You have already come. I embrace You and unite myself entirely to You; never permit me to be separated from You.

## **For Divine Guidance through the Day**

LORD, God Almighty, You have brought us safely to the beginning of this day. Defend us today by Your mighty power, that we may not fall into any sin, but that all our words may so proceed and all our thoughts and actions be so directed, as to be always just in your sight. Through Christ our Lord. Amen.

Direct, we beg You, O Lord, our actions by Your holy inspirations, and carry them on by Your gracious assistance, that every prayer and work of ours may begin always with You, and through You be happily ended. Amen.

### **Prayer to the Guardian Angel**

ANGEL of God, my guardian dear, to whom His love entrusts me here, ever this night be at my side, to light and guard, to rule and guide. Amen.

### **Prayer to Receive the Holy Ghost**

O KING of glory, send us the Promised of the Father, the Spirit of Truth. May the Counselor Who proceeds from You enlighten us and infuse all truth in us, as You have promised.

### **30. Prayer for the Seven Gifts of the Ghost**

O LORD Jesus, through You I humbly beg our merciful Father to send the Holy Ghost of grace, that He may bestow upon us His sevenfold gifts.

May He send us the gift of wisdom which will make us relish the Tree of Life that is none other than Yourself; the gift of understanding which will enlighten us; the gift of counsel which will guide us in the way of righteousness; and the gift of fortitude which will give us the strength to vanquish the enemies of our sanctification and salvation.

May He impart to us the gift of knowledge which will enable us to discern Your teaching and distinguish good from evil; the gift of piety which will make us enjoy true peace; and the gift of fear which will make us shun all iniquity and avoid all danger of offending Your Majesty.

To the Father and to the Son and to the Holy Ghost be given all glory and thanksgiving forever.

## **St. Bonaventure**

### **Prayer for the Twelve Fruits of the Ghost**

HOLY Ghost, eternal Love of the Father and the Son, kindly bestow on us the fruit of charity, that we may be united to You by divine love; the fruit of joy, that we may be filled with holy consolation; the fruit of peace, that we may enjoy tranquility of soul; and the fruit of patience, that we may endure humbly everything that may be opposed to our own desires.

Divine Spirit, be pleased to infuse in us the fruit of benignity, that we may willingly relieve our neighbor's necessities; the fruit of goodness, that we may be benevolent toward all; the fruit of longanimity, that we may not be discouraged by delay but may persevere in prayer; and the fruit of mildness, that we may subdue every rising of ill temper, stifle every murmur, and repress the susceptibilities of our nature in all our dealings with our neighbor.

Creator Spirit, graciously impart to us the fruit of fidelity, that we may rely with assured confidence on the word of God; the fruit of modesty, that we may act becomingly; and the fruits of continence and chastity, that we may keep our bodies in such holiness as befits Your temple, so that having by Your assistance preserved our hearts pure on earth, we may merit in Jesus Christ, according to the words of the Gospel, to see God eternally in the glory of His Kingdom.

**52. Ode to an Unborn Child.** A heart rending song written by a sidewalk counselor out of love for defenseless children of God about to be slaughtered with the permission of an uncaring world.

This ode skillfully sung by a soloist with accompaniment or by a holy choir would be of great service to God in the defense of innocent human life.

## Hymn to an Unwanted, Unborn Child

by John T. Cain, written in love. Melody - "O' Holy Night"

### "O' Unborn Child"

Oh unborn child, life is there inside you |  
It's soon the time for you to be born |  
While you await, a sinning world makes choices |  
Your parents say that you must die |  
You're put to death, you've known no love or mercy -  
the pain was great for nothing you had done. |  
Oh unborn child - |  
My Christ, the baby Jesus |  
Forgive us - We know not what we do. |  
Oh child - oh unborn child |  
Oh, oh, oh child of Thine.

Oh barren womb, you've killed your only children |  
The hope of man for years yet to come |  
They were that child that found that cure for cancer |  
The president that brought the world to peace. |  
The butcher, the baker, the candlestick maker,  
the doctor, the priest... |  
all wise and Godly men. |  
Why did they die - |  
why did they suffer so? |  
Abortion - the death before you're born. |  
Oh Lord, my God |  
My Lord, Oh, oh, oh my God.

### 53. Value of the Sacraments - BB

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#### Rosary and Other Prayers in Latin:

A **learning CD** for praying the Rosary and some other prayers in Latin is also available. The prayers are first said at a normal rate and then repeated slowly so that a learner may be able to grasp the pronunciation for comfortable recitation.

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